Mental Health Association of Alameda County

Family Education and Resource Center

440 Grand Avenue, Suite 360, Oakland, CA 94610 Phone: (510) 746-1700 | Fax: (510) 746-1701

Family Advocate: Full-Time Position Available - Open Until Filled

Turn your experience into a mental health career!

Are you a family member or caregiver of someone who lives with a mental health challenge? You can take your own experience supporting your loved one and apply it to helping other families who are going through similar challenges.

NO PROFESSIONAL EXPERIENCE NECESSARY. We have a rigorous training program that will prepare you as a Family Advocate with the Family Education and Resource Center (FERC), a program of the Mental Health Association of Alameda County (MHAAC).

What we offer:

- ✓ Competitive salary for no college degree required and unlicensed professionals
- ✓ Excellent health benefits package including chiropractic and acupuncture sessions AND an unlimited comprehensive dental plan
- ✓ \$500 Sign-on Bonus
- ✓ Amazing vacation time-off accrual rates
- ✓ Personal Time Off
- ✓ On the job training
- ✓ Opportunities to attend local and state wide workshops and conferences
- ✓ Paid training to become a certified:
 - o Family to Family facilitator through NAMI CA
 - o Wellness Recovery Action Plan facilitator
 - Mental Health First Aid instructor
 - oand more!

Our Mission

Our mission is to educate, advocate, and encourage self-care for family members navigating the complex behavioral health systems to get their loved ones with mental health challenges good care. We are a team of family caregivers who believe that families know their loved ones best and should be involved in their care. We help amplify voices of families and bridge the communication between providers and families.

Who WE are:

The Family Education and Resource Center (FERC) is a family- centered program that provides free education, advocacy, and support to family caregivers of a loved one with mental health issues

living in all regions of Alameda County. What makes FERC unique is that all of our staff have family or loved ones with mental health issues.

Since 2009, FERC has served over 20,000 families. We help families navigate complex systems and we educate family members about their rights/their loved one's rights all while encouraging self-care through our dedication and compassion, as people who have walked similar paths.

"We've been there, and we can help."

Who YOU are:

- A compassionate family member of a loved one who has a mental health challenge
- Real experience navigating the behavioral health system for your loved one to access / receive services
- Empathetic; you can understand the challenges other families are going through trying to advocate for their family member(s)
- You're always told by your friends that, "You're such a good listener."
- ➤ Ready to learn about family advocacy and what it takes to represent the voices of family caregivers in Alameda County

ESSENTIAL DUTIES:

Under the supervision and guidance of the Program Supervisor, Family Advocates' duties may include, but are not limited to the following:

- ✓ Assist clients in navigating the complex behavioral health care system in Alameda County
- ✓ Support clients by phone or by in-person consultation
- ✓ Provide a full range of information, support, encouragement, advocacy, and referrals to appropriate community resources, and related services in order to assist the clients in coping effectively with immediate and/or long term situations
- ✓ Attend, facilitate and/or support family caregivers self-help groups, existing family support groups and family peer support efforts
- ✓ Document key components of calls and activities (database, logbooks, MAA billing, etc.)
- ✓ Actively participate in liaison role with key partners such as NAMI affiliates (attend meetings, coordinate trainings, etc.)
- ✓ Active involvement in community outreach (e.g. table at health fairs, schools, and other public venues, etc.)

Requirements:

- ✓ Direct lived experience as a family caregiver of a loved one who has a mental health challenge; professional experience does NOT replace the personal lived experience that is required
- ✓ Must have a motor vehicle available for daily use, possess a valid California driver's license, carry vehicle liability insurance, and have an acceptable motor vehicle report, as determined by MHAAC's insurance broker

Highly Preferred:

Bilingual English and Spanish speaking or another language

HOURS OF WORK:

This is a full-time position. Mon – Fri: 9AM-5PM; some evenings and weekends.

WORK LOCATION:

Alameda County. Exact office location - to be determined; FERC Main office is in Oakland and satellite offices are located in Livermore and Fremont.

SALARY: \$3,520 per month (DOE).

SIGN-ON BONUS: \$500 total. \$250 paid upon hire plus \$250 paid upon successful completion of 6 month introductory period.

Employee benefits include vacation and sick leave and employer-paid health and dental insurance

FERC is a program of the Mental Health Association of Alameda County funded through Mental Health Services Act and operated under contract with Alameda County Behavioral Health Care Services

TO APPLY PLEASE FOLLOW THESE INSTRUCTIONS:

- ✓ Complete the FULL application which includes the supplemental questionnaire
- ✓ Resumes only will not be considered complete
- ✓ You may submit a Cover Letter in lieu of answering the supplemental questionnaire, however, if you do not write about your direct personal experience as a family caregiver, we will not know that you have fulfilled this requirement
- ✓ Applications are available online: www.askferc.org or www.mhaac.org You may also pick up a packet in person at any of our office locations
- ✓ Submitting an application:
 - o Fax: 510-746-1701
 - Drop off at any of our office locations (please refer to our website for addresses)
 - Email to: jobs@MHAAC.ORG Please indicate in the subject line: Family Advocate Position - FERC
 - o No phone calls please

Application for Employment

Mental Health Association of Alameda County

954 60th Street, Suite 10, Oakland, CA 94608

Ph: (510) 835-5010 Fax: (510) 835-9232 Email: <u>Jobs@MHAAC.org</u>

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Office Skills Please indicate what level of experience you have with the following Microsoft programs. Outlook Word Excel Publisher **PowerPoint** MS Access **Other Specialized Skills** Some of our potential clients do not communicate well in English. Do you speak, write or understand any foreign language(s)? Yes No If yes, which languages(s)? Do you have any experience with Medi-Cal or medical documentation? Yes **Employment History** List below all present and past employment, starting with the current/ most recent employer. Account for all periods of unemployment. You must complete this section even if attaching a resume. **Employment Dates** Start Date End Date **Employer Name Employer Phone Number** Street Address City State ZIP Job Title Job Duties Reason for Leaving Supervisor Phone # Name Email May we contact this employer for a reference? Yes

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hereby certify that I have not knowingly withheld any that the answers given by me are true and correct to the lave personally completed this application. I understand in any document used to secure employment shall be grapployed, regardless of the time elapsed efore discovery.	best of my knowledge. I fu I that any omission or miss	rther certify that I, the tatement of material f	e undersigned application
Applicant's Signature		Date	

Supplemental Questionnaire

FERC - Family Advocate

1.	Please describe your role as a family caregiver.
2.	What has been the most challenging experience supporting your loved one / your loved one's treatment?
3.	What is your greatest achievement in advocating for your loved one?
4.	Why do you want to be a Family Advocate with FERC?